

## JOB DESCRIPTION

### Job Details

Job Title:	Consultant Child and Adolescent Psychiatrist
Grade:	Consultant
Hours:	40 hours plus break
Department:	Child and Adolescent Mental Health Services, Maudsley Health, Abu Dhabi
Location:	Abu Dhabi, but travel may be required across the UAE
Reports to:	Lead Clinician, CAMHS, Maudsley Health
Professionally Accountable to:	Clinical Director, Maudsley Health, Abu Dhabi

*The postholder will be employed by MACANI LLC.*

**Principal Job Purpose:** The Maudsley, in conjunction with Macani LLC requires an additional Consultant Child and Adolescent Psychiatrist to provide services in the United Arab Emirates. The post is being created to support the further development of services in the Middle East and will provide clinical expertise to the Team. The post holder will be based in Abu Dhabi. They will be expected to deliver effective, highly specialist assessments and treatments in accordance with UK and UAE guidance of professional regulatory bodies in conjunction with other members of the multidisciplinary team. The consultant will be directly involved in assessment and management, particularly of complex cases where there are psychiatric and other psycho-social factors.

**Other main responsibilities:** Other responsibilities will include to deliver and develop clinical, research and training services/programmes in accordance with clinical governance policies and relevant national and international standards, as agreed with the Clinical Director.

This post holder will be expected to work collaboratively and cross cover for other consultant psychiatrists. On occasion, this could include adult mental health services

## **BACKGROUND**

The aim of the service in Abu Dhabi is to deliver high quality assessments, treatment, advice, training and consultation across the range of mental health problems. This will require working collaboratively with multi-disciplinary colleagues, other professionals, families and patients. The service aims to provide a supportive environment using evidence-based approaches and will offer training and development to professionals. Maudsley Health was set up initially as an outpatient based mental health service although further developments are now planned. Some highly specialist services will also be provided by visiting clinicians from the Maudsley Hospital in the UK and in some cases the post holder might screen and hold cases until they have been assessed fully by the visiting clinicians.

The post holder will be expected to take a role in the further development of the service as agreed with the Clinical Director, Lead Clinician and Managing Director, as appropriate.

The post holder will be based in Abu Dhabi and will have access to office and computer facilities. The use of an electronic patient record system is required.

## **CONTRIBUTION**

Time commitment: 40 hours per week (plus breaks) over five days, to be worked flexibly including one evening weekly and Saturdays (Saturdays on a rota system). The majority of the job plan is patient facing, providing psychiatric input to the team;

- Management of complex cases.
- Development and leadership of a specialist service in conjunction with Clinical Director and management.
- Clinical leadership.
- Assessment of new referrals, delivering therapy and/or working/co-working with multi-disciplinary colleagues delivering interventions.
- Medication reviews.
- Care plan and treatment formulation, guidance on evidence-based treatment and effectiveness.
- Liaison and collaborative working with other services and disciplines.
- Mental Health Act implementation (the Mental Health Act is under discussion in the UAE).
- Multi-disciplinary, multi-agency and partnership working.
- Supervision and training of other staff and trainees.
- Clinical audit.
- Research and training.
- On-call responsibilities are not expected at this stage although this could be expected in the future, particularly if inpatient services are developed.

## **TERMS AND CONDITIONS FOR THIS CONSULTANT APPOINTMENT**

### **(All below are subject to change)**

- Consultants to have 25 days annual leave per annum, plus national holidays.
- The post-holder is required to participate in a CPD program and through this program to participate in a peer review group developing a Personal Development Plan.
- Consultants have access to 5 study leave days per annum (whole time) consistent with Personal Development Plans.
- This Personal Development Plan will form part of the annual appraisal process which all consultants are expected to undertake with the Clinical Director or agreed nominee. The post-holder will be accountable to the CAMHS Lead Clinician, Maudsley Health, Abu Dhabi.
- The post-holder will be an employee of Macani, a UAE entity.
- The post-holder will be expected to live within 60 minutes of their workplace unless agreed otherwise by prior negotiation.
- Appointment will be subject to satisfactory health and DBS/CID clearances and visa requirements, including additional health testing.
- It is a condition of your employment that you remain a fully registered medical practitioner and are included on the Specialist Register held by the General Medical Council (GMC) or equivalent, and the Department of Health, Abu Dhabi, and continue to hold a license to practice. It is the individual's responsibility to ensure these registrations are in place.

## **COMMUNICATIONS & WORKING RELATIONSHIPS**

The CAMHS team comprises of a mixture of clinicians and support staff. Each Team Consultant is expected to lead a team.

The team will work throughout the week from Monday to Friday. Regular team meetings will be held, along with regular training and development sessions.

## **THE SOUTH LONDON AND MAUDSLEY NHS FOUNDATION TRUST**

The South London and Maudsley NHS Foundation Trust is part of King's Health Partners Academic Health Sciences Centre (AHSC), which includes seven hospitals and over 150 community based services. It is responsible for seeing 2 million patients each year, has 25,000 employees and 19,500 students, and a £2 billion annual turnover. It brings together the best of basic and translational research, clinical excellence and world-class teaching to deliver ground breaking advances in physical and mental healthcare. See [www.kingshealthpartners.org](http://www.kingshealthpartners.org)

The South London and Maudsley NHS Foundation Trust is committed to innovation, effective interventions and improved service user outcomes. The Trust has a broad range of staff in all disciplines with the widest range of skills and interests that provides many opportunities for new consultants to thrive and develop. It provides mental health and substance misuse services to the

people of Lambeth, Southwark, Lewisham and Croydon, as well as substance misuse services for people in Bexley, Greenwich and Bromley. We also provide specialist services to people from across the UK. In addition the CAMHS CAG provides services internationally, including in the Middle East.

The Trust has close links in education and research with the Institute of Psychiatry and Guy's, King's and St Thomas' School of Medicine, both of which are part of King's College London. This close collaboration involves working to ensure that developments and research feed directly into clinical practice. It's academic links with King's College, London, which also include the Nightingale Institute and South Bank University, enables us to ensure that our health care staff receive high quality clinical training at both pre-qualification (or registration) stage and in specialist skills (post qualification).

Services are primarily focused on people with severe and enduring mental illness. In addition, it promotes good mental health, early intervention to prevent more serious problems and provides support to primary care in dealing with people with less severe problems.

The Trust's core value states that 'everything we do is to improve the experience of people using our services and to promote mental health and wellbeing for all'.

### **INSTITUTE OF PSYCHIATRY, PSYCHOLOGY AND NEUROSCIENCES**

The Institute of Psychiatry is a postgraduate Medical School of the King's College London. It carries out an extensive programme of teaching and research in basic, behavioural and social sciences. The three complementary roles of the Institute of Psychiatry are: to offer advanced university training for psychiatrists, psychologists, neurologists and other scientific and paramedical workers; to pioneer research into new and improved ways of understanding and treating mental illness and brain disease; and to assist with the provision of high standards of treatment and care to the patients of South London and Maudsley Hospital Trust and other hospitals with which the Institute is associated.

### **SLAM AND THE CHILD AND ADOLESCENT CLINICAL ACADEMIC GROUP (CAG)**

South London and Maudsley NHS Trust has the most comprehensive child and adolescent mental health service in the country. The Child and Adolescent Mental Health Service Clinical Academic Group operates across the Trust and has a budget of circa £50 million.

The CAG provides local child and adolescent mental health services in the London Boroughs of Lambeth, Southwark, Lewisham and Croydon as well as a National and Specialist outpatient services and inpatient wards.

### **KEY RESPONSIBILITIES:**

- The post holder will play a lead role in providing clinical expertise and support to the team.
- The post holder is expected to provide assessment, treatment and consultation for children and young people under 18 who present with mental health disorders.

- Participation in training of junior doctors (when in place) and other multidisciplinary staff within the teams and contribution to the identification and provision of training needs of the multidisciplinary team.
- Participation in education and training locally and nationally. Participate in research as a principal, partner or facilitator as appropriate to the post holders experience and interests, as agreed by the Lead Clinician.
- Adherence expected to agreed job plan and appraisal procedures.
- The post holder will be expected to support the development of the services in Abu Dhabi and potentially across the greater Middle East area.
- A component of this role may be to manage cases collaboratively with visiting clinicians from the UK.

**OTHER ELEMENTS OF THE ROLE ARE TO:**

- Ensure that electronic patients clinical records relating to post holders work are well maintained and meet standards for documentation and communication with referrers and users are met.
- Promote good links with partner agencies including other agencies in Abu Dhabi.
- Contribute to the development of policies and procedures to support good practice and ensure that appropriate high-quality clinical services are delivered.
- Provide a service that promotes diversity; meets the needs of service users from diverse ethnic, cultural and religious traditions, accessible and sensitive to needs relating to disability, gender and sexual orientation.
- Collect activity information if requested to meet the demands of performance management and service planning.
- Help maintain a clinical database and keep all other records and statistics as necessary and required.
- Participate in meetings and other management meetings as appropriate to the post holders' responsibilities.
- Apply quality standards to all work undertaken in line with Clinical Governance policies.
- Act with integrity and honesty at all times.
- Assist in or lead research and evaluation where required, as agreed with the Clinical Lead.
- Take part in and lead audit projects when appropriate.
- Encourage junior staff and support their efforts in undertaking audit projects.
- Adherence to the agreed job plan and appraisal procedures.
- Maintain GMC registration, (or equivalent) and Licence to Practice with the Department of Health, Abu Dhabi.
- Maintain compliance with Maudsley Health, Abu Dhabi, Mandatory Training Register requirements.

## PERSON SPECIFICATION

Verified at interview (I), by application form (A) or by a test (T)

	Essential	Desirable
Qualifications	(a) MRC Psych or equivalent A (b) CCT (or within 6 months of accreditation) A (c) Full GMC Registration and inclusion on Specialist GMC Register (or equivalent) A	(a) Higher degree or additional qualifications A
Training and Experience	(a) Completion of Higher Psychiatric Training in Psychiatry or being within 6 months of achieving CCT accreditation (or equivalent) A/I (b) Equivalent training in Psychiatry (CESR issued by PMETB) A/I (c) Training will have included psychiatric inpatient management A/I	(a) Approved training in relevant therapeutic practice e.g. CBT or Family Therapy A/I (b) experience of leading a service A/I (c) previous experience as a Responsible Clinician (d) Private practice experience
Clinical skills	(a) Considerable competence in psychopharmacology I (b) Competence in non-medication therapeutic approaches I (c) Evidence based practice I (d) Knowledge and compliance with relevant national and professional guidelines A/I	(a) Knowledge and experience of the Recovery model I (b) Knowledge and understanding of electronic mental health records and Information and Communications Technology A/I
Management	(a) Knowledge, understanding and compliance with Clinical Governance guidance structures and principles I (b) Ability to represent the service with integrity and professionalism, ensuring the reputation of Maudsley Health, Abu Dhabi and the Trust is upheld at all times A/I	(a) Training in management skills A/I (b) Participation in CAG and NHS Trust strategic and operational processes A/I (c) Participation in audit A/I (d) Understanding of financial principles in the private sector

Teaching		<p>(a) Knowledge, understanding and experience of the development training programmes for staff of all disciplines. A/I</p> <p>(a) Experience of and interest in, developing post-graduate teaching A/I</p> <p>(b) (b) Experience of training junior doctors A/I</p>
Academic Achievements	(a) Research understanding and experience A/I	<p>(a) Demonstrable academic achievements to support continued allocation of Research time in job plan A/I</p> <p>(b) A proven track record or the ability to demonstrate potential in the research of child and adolescent psychiatry A/I</p> <p>(c) A higher research degree (e.g. MPhil., MD or PhD) A</p> <p>(d) Publication(s) accepted by peer review journals in a relevant academic field A</p>
Personal Skills	<p>a) Ability to travel A</p> <p>b) Ability to work flexibly (as agreed job plan)</p>	<p>(a) Knowledge and understanding of the current NHS context and ability to work within constantly changing environment I</p> <p>(b) Ability to speak Arabic A/I</p> <p>(c) Understanding of the health care system in the Middle East and an ability to work constructively within a changing and developing environment with different cultures and languages.</p>

**OTHER INFORMATION :**

**Confidentiality**

Confidentiality/data protection regarding all personal information and service activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all relevant Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

**Equal Opportunities**

Promote the concepts of equality of opportunity and managing diversity service wide.

**Health and Safety**

Employees must be aware of the responsibilities placed upon them under the Health and Safety legislation paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

**Infection Prevention and Control**

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with service policy.

**Professional standards and performance review**

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

**Service/Department standards**

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

**Finance**

All staff will comply with the financial processes and procedures.

**Safeguarding Children**

Employees must be aware of the responsibilities placed on them under Safeguarding Children Legislation.

**Code of Conduct**

The post holder is required to adhere to the FAHR Code of Professional Conduct and Ethics.

This job description will be subject to regular review and adjustment.

**Caveat**

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the service, as well as the personal development of the post holder.