

## JOB DESCRIPTION

### CLINICAL PSYCHOLOGIST

<b>Job Title</b>	<b>Clinical Psychologist</b>
<b>Grade</b>	<b>According to ability and experience</b>
<b>Hours per week</b>	<b>40 hours</b>
<b>Department</b>	<b>Child and Adolescent Mental Health</b>
<b>Location</b>	<b>Maudsley Health, Abu Dhabi</b>
<b>Reports to</b>	<b>Consultant CAMHS Psychiatrist, Maudsley Health</b>
<b>Professionally accountable to</b>	<b>Head of Psychology, Maudsley Health-Al Amal Psychiatric Hospital, Dubai</b>

#### **JOB PURPOSE**

- To provide a specialist psychology service to the above services including specialist assessment, treatment, planning, implementation and monitoring of outcomes.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.
- To work as an autonomous professional within Department of Health guidelines and codes of conduct, and guided by the policies and procedures of the service, taking responsibility for own work including treatment and discharge decisions with support of clinical supervisor.

#### **THE SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST**

South London and Maudsley NHS Foundation Trust is the most comprehensive NHS provider of mental health services in the United Kingdom. It provides a full range of mental health services to the people of Croydon, Lambeth, Southwark, and Lewisham as well as national specialist services. It has a budget of £365 million.

#### **MAUDSLEY HEALTH**

Maudsley Health is a joint venture between the South London and Maudsley NHS Foundation Trust and MACANI, an Abu Dhabi organisation, with a commitment to developing exceptionally high-quality health care within the United Emirates.

The CAMHS service in Maudsley Health is a specialist mental health service, principally for children and young people up to the age of 18. As part of the service a range of highly specialist services will be provided and in some cases the post holder will be expected to work alongside visiting clinicians from the wider SLAM CAMHS CAG. Interventions offered will include CBT, psycho-pharmacology; CBT; IPT; systemic family therapy, parent training groups; social skills groups and psycho-educational groups for parents.

The service will work to a high standard and offer specialist assessment and intervention for children with a broad range of mental health disorder and will have specialist expertise in autism spectrum disorder, ADHD and other neurodevelopmental difficulties as well as other mental health disorders. Clear evidence based clinical provision will be in place for the assessment and management of cases.

The Core Clinical Team will be permanently based in Abu Dhabi with additional specialist input from visiting specialist teams and individual including:

- Obsessive Compulsive Disorders
- Child and Adolescent Eating Disorders

In addition to the above on-going service, other provision is in the process of being developed.

Maudsley Health, CAMHS, works closely with the National and Specialist Child and Adolescent Mental Health Services within SLaM. These N&S Outpatient Services treat children who suffer from autism, hyperkinetic disorders, developmental disorders with associated emotional and behavioural problems, children with antisocial behaviour, oppositional defiant behaviour, children with eating disorders, depressed children, children with obsessive compulsive disorder, traumatic stress in childhood. There is an adolescent at-risk and forensic service, a fostering and adoption team, a forensic psychiatry team and staff who research and treat genetic disorders.

The National and Specialist in-patient services are comprised of six wards: a child unit, an adolescent unit and a psychiatric inpatient care unit, all at the Bethlem Royal Hospital, as well as an adolescent unit at the Maudsley Hospital (Snowfields Adolescent Unit) and two inpatient units in Staplehurst, Kent. The in-patient services treat complex cases including children and young people with neuropsychiatric conditions, obsessive compulsive disorder, psychotic and affective disorders.

### **Key Responsibilities for post holder:**

#### **KR 1 Clinical and Client Care**

- To provide specialist psychological assessments, formulations and interventions for clients in the CAMHS Services including neuropsychological assessment for young people with neurodevelopmental disorders.
- To provide culturally appropriate psychological interventions with carers or families of referred clients when required.
- To assess and monitor risk and draw up appropriate risk management plans.
- To act as care co-ordinator or keyworker, when appropriate, taking responsibility for initiating or reviewing of care plans.

#### **KR 2 Contributing to team or service clinical functioning**

- To contribute to the effective working of the CAMHS Services and to a psychologically informed framework for the service.
- To contribute to the team or service's delivery of accessible and acceptable services to diverse local communities.
- To sensitively challenge discrimination and support the development of culturally competent services.
- To liaise with referrers, GPs and other professionals concerned with clients in order to develop and review care plans.

#### **KR 4 Care or management of resources**

- To take care of, and use carefully, the services' equipment and physical resources.
- To ensure that the post-holder has sufficient resources by estimating future needs and requesting or ordering supplies as needed.

#### **KR 5 Management and supervision**

- To be responsible for the allocation and/or clinical supervision of the work of an assistant psychologist if required, under supervision from a more senior psychologist.
- To supervise trainee clinical psychologists within own area of specialism after completion of the relevant Training Course's Supervision Training.

#### **KR 6 Teaching and Training**

- To provide occasional specialist training and consultation in psychological approaches to care to other professions as appropriate.
- To disseminate research and service evaluation findings through presentations and published articles.

**KR 7 Record-keeping and Information Governance**

- To ensure that all information generated by own work is recorded as required by the appropriate policies and local (Trust or Maudsley Health) procedures.
- To maintain the highest standards of clinical record keeping and report writing, according to professional and local (Trust or Maudsley Health) guidelines, including electronic data entry.

**KR 8 Research and development**

- To undertake regular complex service evaluation, audits or research relevant to service needs and as agreed with line manager.

**KR 9 Maintaining professional standards and continuing professional development**

- To receive regular clinical and professional supervision from a more senior psychologist according to HCPC and local (Trust or Maudsley Health) guidelines.
- To ensure own Continuing Professional Development in line with BPS and Maudsley Health Personal Development Plan requirements, the HCPC 'Standards for Continuing Professional Development' and as required by the Department of Health Abu Dhabi.
- To maintain an up-to-date knowledge of current developments in professional and clinical practice and of relevant legislation and policies.
- To comply with the HCPC 'Standards of Conduct, Performance and Ethics' and 'Standards of Proficiency', and ensure professional development in line with these.
- To adhere to the BPS's Professional Practice Guidelines and Maudsley Health policies and procedures.

**KR10 General**

- If necessary to travel to various Maudsley Health or related sites (e.g. home visits, schools) as appropriate, when required.
- To be aware of risk relating to aggressive and challenging behaviour amongst the client group, and follow appropriate policies relating to its management.
- To respond appropriately and professionally to emotionally distressing situations (e.g. challenging behaviour) and to support others involved in such situations.
- To work flexibly which will include offering some regular commitment to evening (up to 7.00 p.m.) and Saturday clinics, within the overall Job Plan.

## **Person Specification: Essential**

### **Qualifications and Professional Registration**

- Doctorate or Master's in Clinical Psychology (2-year course duration). **(A/I)**
- Registered with the HCPC as Practitioner Psychologist (UK) or relevant organisation in home country. **(A/I)**
- To be licensable with the Health Authority of Abu Dhabi.
- To have been qualified and practising as clinical psychologist for two years. **(A/I)**

### **Knowledge**

- Theoretical knowledge of psychopathology and the evidence base for relevant treatments. **(A/I/R)**
- Knowledge of psychological assessment and clinical psychometrics. **(A/I/R)**
- Knowledge of legislation in relation to the client group and mental health issues, child and adult protection, and equalities. **(A/I/R)**
- Doctoral level knowledge of psychological research methodology and complex statistical analysis. **(A/I/R)**
- Knowledge of factors affecting acceptability and accessibility of mental health care. **(A/I/R)**

### **Experience**

- Experience of receiving clinical supervision across a range of client needs. **(A/I)**
- Experience of psychological assessment and treatment of clients with a range of psychological needs of a complex nature, including neurodevelopmental disorders. **(A/I)**
- Experience that supports working with, and addressing issues of, diversity within local communities. This may have been gained through work, research, volunteering and / or lived experience. **(A/I)**
- Experience of developing and carrying out research projects. **(A/I)**

### **Skills**

- To deliver psychological therapy across cultural and other differences. **(A/I/R)**
- To select and administer specialist psychological assessments, interpreting and integrating complex data that require analysis, interpretation and comparison, drawn from several sources. **(A/I/R)**
- To communicate skilfully and sensitively complex and sensitive information with clients, carers and colleagues overcoming barriers to communication including sensory, and emotional difficulties, cultural differences and hostility to or rejection of information. **(A/I/R)**
- To plan and schedule assessment and interventions for individual clients and groups and carers, and for meetings such as CPA and case reviews. **(A/I/R)**
- To plan allocation of tasks to assistant psychologists. **(A/I/R)**
- To be skilled in the administration of psychometric and neuropsychological tests, including those that require complex manipulation of test materials. **(A/I/R)**
- Well-developed IT skills including entry and analysis of research data. **(A/I/R)**

### **Abilities**

- Ability to work effectively within a multi-disciplinary team, contributing to effective team functioning and holding team roles. **(A/I/R)**
- Ability to identify and employ mechanisms of clinical governance as appropriate. **(A/I/R)**
- Ability to maintain concentration and to remain in restricted positions for long periods during observations, assessments and psychological interventions, and to deal with unexpected interruptions or changes during these. **(A/I)**
- Ability to manage emotionally stressful situations such as working with victims of abuse or trauma, or with people who engage in severe self-harming or aggressive behaviour. **(A/I)**
- Ability to manage verbal aggression and hostility directed at self. **(A/I)**

**Person Specification: Desirable**

- Training in an evidence based parenting intervention
- Training in the use of autism-specific assessment instruments (e.g. ADOS 2; ADI-R)
- Formal training in supervision of other practitioners. (A/I)
- Ability to speak Arabic is highly desirable. (A/I)

**Eligibility Criteria**

<p><b>Education</b></p>	<p>Bachelor’s degree in the field of psychology  <b>And</b>          Postgraduate Doctoral degree (example: Ph.D., Psy.D., Ed.D., D.Clin.Psy) from an approved psychology faculty or an educational faculty with focus on psychology</p> <p style="text-align: center;"><b>OR</b></p> <p>Bachelor degree in the field of psychology  <b>And</b>          Postgraduate full time Master’s degree (includes MSc, MA, M.Phil) of minimum <b>two (2)</b> years course duration from a psychology faculty or an educational faculty with focus on psychology provided that the bachelor degree is minimum <b>four (4) years</b> duration</p>	<ul style="list-style-type: none"> <li>• Bachelor degree should be of 4 years studies</li> <li>• Transcript of both Bachelor degree and PhD are required</li> </ul> <ul style="list-style-type: none"> <li>• Bachelor degree should be of 4 years studies</li> <li>• Transcript of both Bachelor’s degree and Master’s degree are required</li> </ul>
<p><b>Experience</b></p>	<p>Two (2) years of clinical Experience is required post qualification</p>	<ul style="list-style-type: none"> <li>• Experience must be in tertiary hospital setting</li> <li>• Experience must be as clinical Psychologist</li> <li>• Experience shall be post qualification and license</li> <li>• Employment should be full time and paid</li> </ul>
<p><b>License</b></p>	<p>License issued by regulatory body of the country e.g. HCPC</p>	<ul style="list-style-type: none"> <li>• License Should be post qualification</li> <li>• License should valid and active with no restriction to practice</li> </ul>