

## JOB DESCRIPTION

### Job Details

Job Title: Consultant Psychiatrist/ CAG Lead  
Relevant Clinical Academic Group (CAMHS, Addictions, Forensic, Mental Health of Older Age, Intellectual Disability, **this post is for Adult**)

Grade: Consultant

Hours: 40 hours plus break. On occasion additional hours may be required. Flexibility will be required and it is expected the postholder will work one evening per week.

Department: Maudsley Health, Al Amal Psychiatric Hospital

Location: Dubai, but occasional travel may be required across the UAE

Reports to: Chief Medical Officer, Maudsley Health

Accountable to: Managing Director, Maudsley Health

*The postholder will be employed by MACANI LLC.*

Principal Job Purpose: This is an exciting and unique opportunity to be part of a senior and experienced team to work in the collaboration between Maudsley Health and Emirates Health Services to support the development of a Centre of Excellence. You would be working closely with experienced staff from Maudsley Health and the in-house leadership team at the Al Amal Psychiatric Hospital in Dubai. This is a rare opportunity to be able to support the further development of existing services and influence and shape new services in great facilities.

Other main responsibilities: The post holder will need to lead and support the further implementation of evidence-based practice and ensure services achieve accreditation.

The post holder will be expected to deliver effective, highly specialist assessments and treatments in accordance with UK and UAE guidance of professional regulatory bodies in conjunction with other members of the multidisciplinary team. The consultant will be directly involved in assessment and management, particularly of complex cases where there are psychiatric and other psycho-social factors.

In addition to providing direct clinical care and service development, the role will include developing and delivering clinical, research and training services/programmes in accordance with clinical governance and relevant national and international policies

The post holder will be expected to work collaboratively and cross cover for other consultant psychiatrists.

The reputation of Maudsley Health, MACANI, South London and Maudsley NHS Foundation Trust and Emirates Health Service should be upheld and be enhanced due to the contribution of the post holder.

## **BACKGROUND**

### **Maudsley Health**

Maudsley Health is the brand name for the collaboration between South London and Maudsley NHS Foundation Trust and MACANI. It was set up to support the development of mental health services within the Middle East. Ambitious development plans are in the process of being progressed and it is expected that the service will grow geographically and clinically in a planned way.

Maudsley Health started providing child and adolescent mental health services in Abu Dhabi in 2015 and Adult Mental Health Services in 2017. In 2018 the service successfully bid for a contract to work with the then Ministry of Health and Prevention (now Emirates Health Services) to support the development of Al Amal Psychiatric Hospital in Dubai.

The aim of Maudsley Health in the UAE is to deliver high quality mental health services, including advice, training and consultation across the range of mental health problems. This requires working collaboratively with multi-disciplinary colleagues, other professionals, families and patients. The service aims to provide a supportive environment using evidence based approaches and will offer training and development to professionals. The post holder will be expected to take a role in the further development of the service as agreed with the Chief Medical Officer, Managing Director and Hospital Director as appropriate.

The post holder will be based in Dubai and will have access to office and computer facilities. The use of an electronic record system is required.

### **THE SOUTH LONDON AND MAUDSLEY NHS FOUNDATION TRUST**

The South London and Maudsley NHS Foundation Trust (SLaM) is part of King's Health Partners Academic Health Sciences Centre (AHSC), which includes seven hospitals and over 150 community-based services. It is responsible for seeing 2 million patients each year, has 25,000 employees and 19,500 students, and a £2 billion annual turnover. It brings together the best of basic and translational research, clinical excellence and world-class teaching to deliver ground breaking advances in physical and mental healthcare. See [www.kingshealthpartners.org](http://www.kingshealthpartners.org)

The South London and Maudsley NHS Foundation Trust is committed to innovation, effective interventions and improved service user outcomes. The Trust has a broad range of staff in all disciplines with the widest range of skills and interests that provides many opportunities for new consultants to thrive and develop. It provides mental health and substance misuse services to the people of Lambeth, Southwark, Lewisham and Croydon, as well as substance misuse services for people in Bexley, Greenwich and Bromley. SLaM also provides specialist services to people from across the UK and internationally.

The Trust has close links in education and research with the Institute of Psychiatry, Psychology and Neurosciences and Guy's, King's and St Thomas' School of Medicine, both of which are part of King's College London. This close collaboration involves working to ensure that developments and research feed directly into clinical practice. It's academic links with King's College, London, which also include the Nightingale Institute and South Bank University, enable us to ensure that our health care staff receive high quality clinical training at both pre-qualification (or registration) stage and in specialist skills (post qualification).

Services are primarily focused on people with severe and enduring mental illness. In addition, it promotes good mental health, early intervention to prevent more serious problems and provides support to primary care in dealing with people with less severe problems.

The Trust has a strong community focus and our services are provided in a wide range of settings including people's own homes, GP practices, day centres, residential and nursing homes, prisons and hospitals.

### **INSTITUTE OF PSYCHIATRY, PSYCHOLOGY AND NEUROSCIENCES**

The Institute of Psychiatry, Psychology and Neurosciences is a postgraduate Medical School of King's College London. It carries out an extensive programme of teaching and research in basic, behavioural and social sciences. The three complementary roles of the Institute of Psychiatry are:

to offer advanced university training for psychiatrists, psychologists, neurologists and other scientific and paramedical workers; to pioneer research into new and improved ways of understanding and treating mental illness and brain disease; and to assist with the provision of high standards of treatment and care to the patients of South London and Maudsley Hospital Trust and other hospitals with which the Institute is associated.

GKT Medical and Dental Schools are both undergraduate and postgraduate Schools of King's College London. The academic departments of both institutions merged to form a single department based within the IoPPN structure, but combining the responsibilities held by each department. The combined University Department of Child Psychiatry, along with the Social, Genetic and Developmental Psychiatry Research Centre, based at the Institute of Psychiatry, constitutes the country's major grouping of researchers in the field of developmental psychopathology. There is extensive collaboration with other research groups both within the Institute and elsewhere in the UK and abroad. There is an active programme of research seminars and discussions.

### **KEY RESPONSIBILITIES**

- The post holder will play a lead role in providing clinical expertise and support to the team. The post holder is expected to provide assessment, treatment and consultation for patients within their relevant Clinical Academic Group.
- Lead and develop the Clinical Academic Group, working collaboratively with the Nurse Manager.
- Participation in training of junior doctors and other multidisciplinary staff within the teams and contribution to the identification and provision of training needs of the multidisciplinary team.
- Participation in education and training locally, nationally and regionally.
- Participate in research as a principal, partner or facilitator as appropriate to the post holders experience and interests.
- Participation in operational management meetings together with other designated senior managers.
- Adherence expected to agreed job plan and appraisal procedures set by the organisation.
- The post holder will be expected to support the development of the services in Dubai. This will involve working closely with the Chief Medical Officer, Managing Director, Hospital Director, Emirates Health Services and potentially other providers in the Middle East.
- The post holder will be expected to develop strong working relationships with other services.

### **Other Elements of the Role Are to:**

- Ensure that electronic patients clinical records relating to post holders work are well maintained and meet standards for documentation and communication with referrers and users are met.
- Promote good links with partner agencies including services in Dubai and Abu Dhabi.

- Contribute to the development of policies and procedures to support good practice and ensure that appropriate high-quality and safe clinical services are delivered.
- Provide a service that promotes diversity; meets the needs of service users from diverse ethnic, cultural and religious traditions, accessible and sensitive to needs relating to disability, gender and sexual orientation.
- With the Service Manager, collect activity information as requested to meet the demands of performance management and service planning.
- Help maintain a clinical database and keep all other records and statistics as necessary and required.
- Participate in meetings and other management meetings as appropriate to the post holders' responsibilities
- Apply quality standards to all work undertaken in line with Clinical Governance policies.
- Act with integrity and honesty at all times.
- Enhance the reputation of Maudsley Health, MACANI, South London and Maudsley and Emirates Health Services.
- Attend professional meetings as appropriate within and outside the CAG and agreed Personal Development Plan.
- Assist in or lead, and encourage others to be active in terms of research and evaluation where required.
- Take part in and lead audit projects when appropriate.
- Encourage junior staff and support their efforts in undertaking audit projects
- Adherence to the agreed job plan and appraisal procedures.
- Maintain GMC registration, or equivalent and Licence to Practice with the Ministry of Health and Prevention.
- Maintain good standing with the Royal College of Psychiatrists or equivalent, in respect of CPD.
- Maintain compliance with the Mandatory Training Register requirements.

## **CONTRIBUTION**

Time commitment: 40 hours per week over five days, to include one evening.

Providing psychiatric input and leadership to the team;

- Clinical leadership within a defined service area (CAG). This will include service development.
- Management of complex cases.
- Assessment of new referrals, delivering therapy or referring to psychology colleagues for therapeutic interventions or co-working with psychologists and continuing to follow up patients for medication reviews.
- Care plan and treatment formulation, guidance on evidence-based treatment and effectiveness.

- Liaison and collaborative working with other services and disciplines.
- Mental Health Law implementation (the Mental Health Law is about to be implemented in the UAE).
- Multi-disciplinary, multi-agency and partnership working.
- Supervision and training of other staff and trainees.
- Clinical audit.
- Research and training.
- Development of services in conjunction with the Chief Medical Officer, Managing Director and Hospital Director
- On-call responsibilities are expected as part of the role, at times this will require attendance out of hours.

## **TERMS AND CONDITIONS FOR THIS CONSULTANT APPOINTMENT**

### **(All below are subject to change)**

- Consultants to have 22 days annual leave per annum, plus government declared 'private sector' holidays.
- The post-holder is required to participate in the CPD program and through this program to participate in a peer review group developing a Personal Development Plan.
- All consultants are expected to participate in Clinical Audit and the extended program of Clinical Governance through their professional group and also their clinical team(s) and broader service.
- Consultants have access to 5 study leave days per annum (whole time) consistent with Personal Development Plans, some of this time will be accessed through internal CPD programmes.
- This Personal Development Plan will form part of the annual appraisal process which all consultants are expected to undertake with the Chief Medical Officer or agreed nominee. The post-holder will be accountable to the Chief Medical Officer.
- The post-holder will be an employee of MACANI, a UAE entity, using the brand name of Maudsley Health.
- The postholder will be expected to work to the clinical policies and procedures of MACANI and Emirates Health Service.
- The post-holder will be expected to live within 60 minutes of their workplace unless agreed otherwise by prior negotiation.
- Appointment will be subject to satisfactory Health and Enhanced DBS/CID clearances and visa requirements, including additional health testing.
- It is a condition of your employment that you are and remain a fully registered medical practitioner and are included on the Specialist Register held by the General Medical Council (GMC) or equivalent, and the Ministry of Health and Prevention, and continue to hold a license to practice. It is the individual's responsibility to ensure these registrations are in place.

## COMMUNICATIONS & WORKING RELATIONSHIPS

The team comprises of a mixture of disciplines. The Maudsley Health team in Dubai is currently comprised of approximately 60 posts including: Managing Director, Chief Medical Officer, Director of Nursing, part time Academic Director from April 2024 and plans are in place for further development.

Support can be provided through the Clinical Director counterpart from the Maudsley in London.

## PERSON SPECIFICATION

Verified at interview (I), by application form (A) or by a test (T)

	Essential	Desirable
Qualifications	(a) MRC Psych or equivalent A (b) CCT A (c) Full GMC Registration & inclusion on Specialist GMC Register (or equivalent) A	(a) Higher degree or additional qualifications A
Training and Experience	(a) Completion of Higher Psychiatric Training in Psychiatry (b) Training will have included psychiatric inpatient management A/I	(a) Approved training in relevant therapeutic practice e.g. CBT or Family Therapy A/I (b) experience of leading a service A/I (c) previous experience as a Responsible Clinician
Clinical skills	(a) Considerable competence in psychopharmacology I (b) Competence in non-medication therapeutic approaches I (c) Evidence based practice I (d) Knowledge and compliance with relevant national and professional guidelines A/I	(a) Knowledge and experience of the Recovery model I (b) Knowledge and understanding of electronic mental health records and Information and Communications Technology A/I Experience in Adolescent psychiatry A/I

Management	(a) Knowledge, understanding and compliance with Clinical Governance guidance structures and principles I (b) Participation in audit A/I (c) Participation in development of service protocols and service development projects A/I (e) Ability to represent the organisation with integrity and professionalism, ensuring the reputation of the Trust, MACANI and EHS are upheld at all times A/I	(a) Training in management skills A/I (b) Participation in CAG and Trust strategic and operational processes A/I (c) Experience of service development
Teaching	(a) Experience of and interest in developing post-graduate teaching A/I (b) Experience of training junior doctors A/I	(a) Knowledge, understanding and experience of the development training programmes for staff of all disciplines. A/I
Academic Achievements	(a) Research and audit project understanding and experience A/I	(a) Demonstrable academic achievements to support continued allocation of Research time in job plan A/I (b) A proven track record or the ability to demonstrate potential in the research of addictions A/I (c) A higher research degree (e.g. MPhil., MD or PhD) A (d) Publication(s) accepted by peer review journals in a relevant academic field A



Personal Skills	a) Ability to travel A	(a) Knowledge and understanding of the current NHS context and ability to work within constantly changing environment I (b) Ability to speak Arabic A/I (c) Understanding of the health care system in the Middle East and an ability to work constructively within a changing and developing environment with different cultures and languages.
-----------------	------------------------	--

**Other Information:**

**Confidentiality**

Confidentiality/data protection regarding all personal information and service activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all relevant Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

**Equal Opportunities**

Promote the concepts of equality of opportunity and managing diversity service wide.

**Health and Safety**

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

**Infection Prevention and Control**

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with relevant policies.

**Professional standards and performance review**

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

**Service/Department standards**

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

**Finance**

All staff will comply with the financial processes and procedures.

**Safeguarding Children**

Employees must be aware of Wadeems Law and the principles of the UK Children Act 1989, 2004.

**Code of Conduct and Ethics**

The post holder is required to adhere to the standards of conduct and ethics expected of all staff.

**Caveat**

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.