

Job Title	Clinical Psychologist
Hours per week	40 hours per week
Department	Adult Mental Health
Location	Dubai
Reports to	CAG Lead
Accountable to	CAG Lead

Job Purpose

- To provide a specialist psychology service to the above services including specialist assessment, treatment, planning, implementation and monitoring of outcomes.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.
- To work as an autonomous professional within Ministry of Health guidelines and codes of conduct, and guided by the policies and procedures of the service, taking responsibility for own work including treatment and discharge decisions with support of clinical supervisor.

MAUDSLEY HEALTH

South London and Maudsley NHS Foundation Trust (SLAM) set up Maudsley Health in 2014 to develop services in the Middle East, in conjunction with Macani (Abu Dhabi) and the Ministry of Health (Dubai). Ambitious expansion plans are in the process of being developed and the service aims to grow geographically and clinically in a planned way.

South London and Maudsley NHS Foundation Trust is working with MACANI, a highly respected Abu Dhabi-based organisation with a mission to develop and extend high quality mental health care across the Middle East. The service has been providing outpatient care in Abu Dhabi since 2015 and supporting the development of a government mental health hospital in Dubai since 2018. The Hospital is similar to the Clinical Academic Group (CAG) Structure in the Maudsley UK, delivering care through the following CAGs: Child and Adolescent Mental Health, Addictions, Mental Health of Older Age, Forensic, Intellectual Disability, Adult.

Key Responsibilities of the Role:

Clinical and Client Care

- To provide psychological assessments, formulations and interventions for clients.
- To provide culturally appropriate psychological interventions with carers or families of referred clients when required. To communicate skillfully and sensitively complex and

sensitive information to service users and their families taking account of sensory and cultural barriers to communication.

- To assess and monitor risk and draw up appropriate risk management plans.
- To select, administer and interpret psychometric and neuropsychological tests, requiring skilled manipulation of test materials and interpretation and integration of complex data.
- To provide psychological reports, including relevant formulation, opinion and interventions.
- To select and deliver evidence based psychological treatments, monitoring outcome and modifying and adapting interventions, drawing on a range of theoretical models.

Responsibilities for Service Clinical Functioning

- To be proactive in challenging discrimination and support the development of culturally competent services.
- To liaise with referrers and other professionals concerned with clients in order to develop and review care plans.
- To utilize theory, evidence-based literature and research to support evidence-based practice in individual work.

Policy and Service Development

- To follow policies and procedures in own area of work.
- To identify any aspects of the psychology provision which could be improved and propose changes to practices or procedures that affect the team and may also affect other services.
- To initiate and implement service development projects, as agreed with clinical/professional lead.
- To participate in the ongoing implementation of new initiatives as required across relevant services.

Care or Management of Resources

- To take care of, and use carefully, the service's equipment and physical resources.
- To ensure that there are sufficient resources by estimating future needs and requesting supplies as needed.

Teaching and Training

- To undertake teaching and training of pre and post- qualified psychologists and specialized training to other professions as appropriate, including webinars.
- To contribute to the development of the knowledge and skills base within the team by maintaining an active awareness of current developments in psychology and by implementing knowledge gained in practice.
- To disseminate research and service evaluation findings through presentations and published articles.

Record-Keeping and Information Governance

- To ensure that all information generated by own work is recorded as required by service policies and local procedures.
- To ensure the highest standards of clinical record keeping and report writing, according to professional and service guidelines, including electronic data entry.

Research and Development

- To initiate and carry out appropriate research *as agreed* with supervisor and senior management team.
- To use outcome measures and other standardized assessments to facilitate service evaluation, maintaining professional standards and continuing professional development
- To receive regular clinical and professional supervision from consultant clinical psychologist according to service guidelines.
- To ensure own Continuing Professional Development in line with Ministry of Health license requirements.
- To maintain an up-to-date knowledge of current developments in professional and clinical practice and of relevant legislation and policies.
- To adhere to DoH's Professional Practice Guidelines and service policies and procedures.

General

- Traveling to meetings, home visits and training venues as appropriate and when required.
- To be aware of risk relating to aggressive and challenging behavior amongst the client group and follow service policies relating to its management.
- To respond appropriately and professionally to emotionally distressing situations and to support others involved in such situations.
- To work flexibly which will include offering a regular commitment to late clinics within the overall Job Plan.
- Sound time management and organization skills.
- To demonstrate an enthusiastic, professional and committed approach to clinical, professional and service matters.

Person Specification: Essential

Qualifications and Professional Registration

- Doctorate/PhD in Clinical Psychology. (A/I) (including supervised training placements).
- Bachelor's in clinical psychology. (A/I)
- To have been qualified and practising as a clinical psychologist for two years post the Doctorate/PhD degree (A/I)
- Registered with the HCPC as Practitioner Psychologist (UK) or relevant organisation in home country. (A/I) and evidence of continuing professional development.
- To be licensable with the Ministry of Health, Dubai.

Knowledge

- Highly developed knowledge of the theory and practice of specialized psychological therapies for adults.
- Advanced theoretical knowledge of psychopathology and the evidence base for the relevant treatment of adults.
- Advanced knowledge of psychological assessment and clinical psychometrics of adults.
- Knowledge of legislation in relation to the client group and mental health issues, child and adult protection, and equalities.
- Knowledge of factors affecting acceptability and accessibility of mental health care.

Experience

- Evidence of having worked as a clinical psychologist under supervision in Adult Mental

Health Settings.

- Experience of specialist psychological assessment and treatment of clients with a range of psychological needs of a complex nature.
- Post-qualification experience that supports working with, and addressing issues of, diversity within local communities.
- Experience of carrying out research projects.
- Experience of providing teaching, training and supervision to junior psychologists.

Skills

- To deliver psychological therapy across cultural and other differences.
- To select and administer specialist psychological assessments, interpreting and integrating complex data that require analysis, interpretation and comparison, drawn from several sources, on which expert opinion may differ.
- To communicate skillfully and sensitively complex and sensitive information with clients, carers and colleagues overcoming barriers to communication including sensory, and emotional difficulties, cultural differences and hostility to or rejection of information.
- To plan and schedule assessments and interventions for individual clients and groups and carers.
- Well-developed IT skills
- Skills in providing teaching and training to other professional groups

Abilities

- Ability to work effectively within a multi-disciplinary team, contributing to effective team functioning
- Ability to identify and employ mechanisms of clinical governance as appropriate.
- Ability to develop and use complex multi-media materials for presentations in public, professional and academic meetings
- Ability to maintain concentration and to remain in restricted positions for long periods during observations, assessments and psychological interventions, and to deal with unexpected interruptions or changes during these.
- Ability to manage emotionally stressful situations such as working with victims of abuse or trauma, or with people who engage in severe self-harming or aggressive behavior.
- Ability to manage verbal aggression and hostility directed at self.
- The ability to speak and practice in fluent Arabic is required for this post.

[Person Specification: Desirable](#)

- Record of publications in either peer reviewed, academic or professional journals/books
- Masters level knowledge of psychological research methodology and complex statistical analysis.